

Block-Cell-Printing for live single-cell printing

Kai Zhang^{a,b}, Chao-Kai Chou^c, Xiaofeng Xia^{d,e}, Mien-Chie Hung^{c,f}, and Lidong Qin^{a,b,c,1}

^aDepartment of Nanomedicine and ^dDepartment of Systems Medicine and Bioengineering, Houston Methodist Research Institute, Houston, TX 77030; ^bDepartment of Cell and Developmental Biology and ^eDepartment of Radiology, Weill Medical College of Cornell University, New York, NY 10065; ^cDepartment of Molecular and Cellular Oncology, The University of Texas M. D. Anderson Cancer Center, Houston, TX 77030; and ^fCenter for Molecular Medicine and Graduate Institute of Cancer Biology, China Medical University, Taichung 404, Taiwan

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A unique live-cell printing technique, termed “Block-Cell-Printing” (BloC-Printing), allows for convenient, precise, multiplexed, and high-throughput printing of functional single-cell arrays. Adapted from woodblock printing techniques, the approach employs microfluidic arrays of hook-shaped traps to hold cells at designated positions and directly transfer the anchored cells onto various substrates. BloC-Printing has a minimum turnaround time of 0.5 h, a maximum resolution of 5 μm , close to 100% cell viability, the ability to handle multiple cell types, and efficiently construct protrusion-connected single-cell arrays. The approach enables the large-scale formation of heterotypic cell pairs with controlled morphology and allows for material transport through gap junction intercellular communication. When six types of breast cancer cells are allowed to extend membrane protrusions in the BloC-Printing device for 3 h, multiple biophysical characteristics of cells—including the protrusion percentage, extension rate, and cell length—are easily quantified and found to correlate well with their migration levels. In light of this discovery, BloC-Printing may serve as a rapid and high-throughput cell protrusion characterization tool to measure the invasion and migration capability of cancer cells. Furthermore, primary neurons are also compatible with BloC-Printing.

cell array | cell communication | protrusion profiling | neuron patterning

Current high-throughput screening of cell function and heterogeneity and in vitro cell–cell communication studies requires routine generation of large-scale single-cell arrays with high precision and efficiency, single-cell resolution, multiple cell types, and maintenance of cell viability and function (1, 2). Several approaches have been designed for this purpose, e.g., inkjet cell printing (3–6), surface engineering (7–15), and physical constraints (16–23). However, finding a method that completely satisfies the above requirements remains a challenge. Potentially useful and convenient tools may be available by adapting traditional printing tools to cell printing. In particular, woodblock printing is an efficient and convenient technology that revolutionized the printing world more than 1,800 y ago and was extended to microcontact molecular printing ~ 20 y ago (24). However, application of the block-printing concept to cells has never been achieved. The main challenges are (i) inking cells to their molds with precision and maintaining viability, (ii) evenly and gently applying and transferring the cells to a substrate and successfully lifting off the mold without detaching the cells, and (iii) maintaining cell functions after printing.

We report here the development and testing of a technology called “Block-Cell-Printing” (BloC-Printing), which involves directly inking cells to a predesigned mold and then transferring the cells to a substrate. We overcome the challenges described above by flow patterning, instead of pressing, the ink objects, as in woodblock or microcontact printing. By performing various validation experiments, we prove that BloC-Printing can achieve a maximum spatial resolution of 5 μm , has the ability to simultaneously handle multiple cell types, results in close to 100% cell viability, and requires a minimum turnaround time of ~ 0.5 h. The Block-Cell-Mold (BloC-Mold) is reusable for hundreds of printings. This approach does not require sophisticated equipment

or large sample volumes. It is also straightforward and convenient, and it permits the subsequent culture of cells and image analysis under standard conditions.

Results and Discussion

Design and Operation of BloC-Printing. In a typical BloC-Printing process, the BloC-Mold, designed using AutoCAD (Autodesk) and fabricated by photolithography and polydimethylsiloxane (PDMS) molding techniques, was laid onto a Petri dish, glass slide, or other type of substrate, without thermal or oxygen plasma treatment. This formed an assembled BloC-Printing device with a network of microfluidic channels. A typical assembled BloC-Printing device is shown in Fig. 1A. After removal of air by vacuum pressure, cell culture medium is drawn into the channels by the application of negative pressure at the outlet (Fig. 1B, *Lower*). Then, the suspended cells are introduced into the BloC-Printing device from the inlet (Fig. 1B, *Upper*) and the flow of cells is driven by 1 psi vacuum pressure applied to the outlet. The flow force was carefully distributed to create a uniform flow of cells throughout the entire device. Single-cell traps were located along the sides of the flow channels with 3- μm gaps (Fig. 1C and *SI Appendix*, Fig. S1). The initial printings were performed with SK-BR-3 breast cancer cells (American Type Culture Collection, ATCC).

There are two potential flow paths around a trap structure (Fig. 1D, *Left*). The wide side consists of a 22- μm gap and the narrow side consists of a 3- μm gap, and these are labeled as paths 1 and 2, respectively. The fluid resistance ratio of paths 1 to 2 is $\sim 1:41$, according to a theoretical calculation (*SI Appendix*, Fig. S2A). Therefore, at low cell densities ($<10^4$ cells per mL), almost all cells will flow through the wide side of the trap area (Fig. 1D, *Center Left*), because of the Zweifach–Fung bifurcation law.

Significance

The ability of printing single-cell arrays with high precision and efficiency, single-cell resolution, multiple cell types, and maintenance of cell viability and function is essential for cell function and heterogeneity measurement. It is still hard for current methods to completely satisfy the above requirements. We report a unique live-cell printing technique, Block-Cell-Printing, that allows for convenient, precise, multiplexed, and high-throughput printing of functional single-cell arrays. Block-Cell-Printing has a minimum turnaround time of 0.5 h, a maximum resolution of 5 μm , and close to 100% cell viability. This method has been applied to study cell communications in heterotypic cell pairs with controlled morphology, characterize cells’ abilities to extend their membranes, and print primary neurons.

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¹To whom correspondence should be addressed. E-mail: LQin@tmhs.org.

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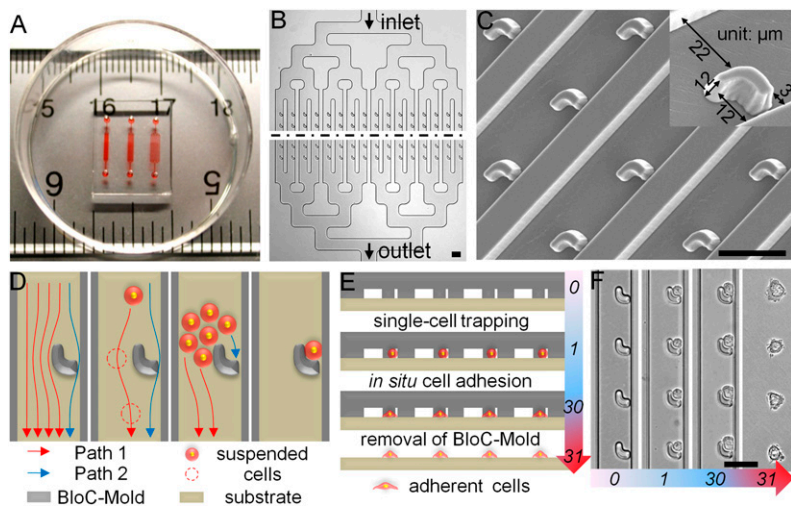


Fig. 1. Design and operation of BloC-Printing technique. (A) A typical BloC-Printing device consists of a PDMS BloC-Mold and a commercially available PS Petri dish. The device is displayed on a ruler to show scale, and red dye has been injected to aid visualization of the three distinct channel networks with trap spacings of 30, 50, and 90 μm , from left to right (see also *SI Appendix*, Fig. S9A). (B) The BloC-Mold features symmetrical microfluidic channel networks and microarrays of traps. The black dashed line represents a large extended region between the input and output sides of the chip. (C) Scanning electron micrograph of the trap microarray, taken at a 20° tilt-angle. A magnified, single trap is shown (*Inset*). (D) Schematic diagram of cell flow paths and corresponding bright-field micrographs (F) showing the entire BloC-Printing process: (i) single-cell trapping by the traps, (ii) in situ cell adhesion, and (iii) removal of the BloC-Mold. The numbers in E and F represent time in minutes. (Scale bars: 50 μm .)

However, at high densities ($>10^6$ cells per mL), the wide side may be temporarily blocked by a group of cells such that an individual cell may be forced into the narrow channel and trapped (Fig. 1D, *Center Right* and *Movies S1–S4*). Because of the flexibility of the cells, the flow force will immediately clear such temporary blockages and keep an almost continuous cell flow (Fig. 1D, *Right* and *SI Appendix*, Fig. S2B). This crowding and trapping process takes place in the millisecond range and through the entire channel. The trapping efficiency has been carefully optimized by adjusting the trap size and shape, the fluid resistance ratio between paths 1 and 2, cell density, and the flow rate.

Again, because of the inherent cell flexibility, cells in the size range of 8 to 20 μm may all be effectively trapped by the $12 \times 10\text{-}\mu\text{m}$ trap (*SI Appendix*, Fig. S2C). Additionally, precise cell positioning on the traps can be achieved by a slight increment in the vacuum flow pressure (*SI Appendix*, Fig. S2D). The flow of cells is not stopped until all traps capture their cells. In very rare circumstances, when a trap has captured more than one cell, the continuous flow of medium is able to remove any additional cells (*Movie S2*). The single-cell trapping efficiency in BloC-Printing is able to reach 100% (Fig. 2A and *SI Appendix*, Fig. S3).

The next BloC-Printing step was to transfer the cells to a Petri dish or other substrates (Fig. 1E and F). In this step, cells were allowed to adhere to the substrate by incubating the device for $\sim 0.5\text{--}1$ h, depending on the adhesive capability of the cells to the substrates. SUM 159 cells and 3T3 fibroblasts were separately tested on both the polystyrene (PS) and glass substrates. Results revealed that both cell types could spread into cell flow channels within 1 h (*SI Appendix*, Figs. S4 and S5). After the cells were gently attached to the substrate, the BloC-Mold was then removed from the substrate, leaving behind the patterned array of cells on the substrate. Because the PDMS BloC-Mold is less adhesive to cells than the substrate, the transfer efficiency could be greater than 98%, shown as an orderly and high-density (more than 3×10^4 cells per cm^2) live single-cell array (Fig. 2B and *SI Appendix*, Fig. S6).

Cell Viability Assays. Cell viability was validated by calcein acetoxyethyl ester (AM) and ethidium homodimer-1 (EthD-1) staining (Fig. 2C and D), whereby green fluorescence indicates live cells and red indicates dead ones. Only green fluorescence was observed. Cells were not damaged during the BloC-Printing procedures because (i) the flow rate was very gentle (less than 100 $\mu\text{m}/\text{s}$) with a short flow time (less than 2 min), (ii) the PDMS traps were fabricated from flexible elastomeric materials designed without sharp edges, and (iii) the gas permeability of the PDMS material allowed

the cells to “breathe” during the cell adhesion process. When the medium was refreshed via a specially designed gravity-induced flow, MDA-MB-231/green fluorescent protein (GFP) cells inside the BloC-Printing device were able to grow and migrate, demonstrating normal morphology, for more than 48 h (*SI Appendix*, Fig. S7). After removal of the BloC-Mold, the printed SK-BR-3 cells were also able to divide and propagate on the PS cell culture dish for 5 d, indicating close to 100% cell viability (*SI Appendix*, Fig. S8).

Various Single-Cell Arrays Generated by BloC-Printing. Through precise placement of traps in the BloC-Mold, the spatial resolution of the printed cell array was approximately equivalent to the cell sizes, with an edge-to-edge distance of less than 30 μm vertically and 5 μm horizontally (Fig. 2E and F). Fig. 2E and *SI Appendix*, Fig. S9 show the controlled edge-to-edge cell spaces of 30, 50, and 90 μm and printing efficiency of more than 96%. The corresponding precision of the cell positions was within ± 2.5 μm both horizontally and vertically (*SI Appendix*, Fig. S10). Because of cell spreading and the cell membrane extension on the substrate, actual distances were slightly shorter in the finished arrays. Therefore, this method will be very useful to precisely generate density-controlled cell patterns (25).

Control of cell-pair distance is remarkably simple with BloC-Printing, providing a potential approach for studying cell–cell interaction (26, 27) and cell fusion (28). By designing trap pairs with edge-to-edge spacing from 5 to 20 μm (*SI Appendix*, Fig. S11A), corresponding cell pairs with more than 94% printing efficiency were obtained (Fig. 2F and *SI Appendix*, Fig. S11B). The fluctuation in cell spacing was within ± 3 μm horizontally (*SI Appendix*, Fig. S12). Therefore, sophisticated and high-resolution single-cell arrays could also be made in various shapes, including a concentric square, a spiral square, shapes of the capital letters “TMH,” an hourglass, a smiley face, and a ribbon (Fig. 2G and *SI Appendix*, Fig. S13). Moreover, the BloC-Printing approach also allows for flexibility in printing substrates. In addition to the PS Petri dish surface, direct printing on ultrathin glass (0.085–0.13 mm thickness) and elastic polyethylene naphthalate (PEN) membranes (29) has also been achieved (*SI Appendix*, Fig. S14).

BloC-Printing has resolution limits of 5 μm horizontally and 30 μm vertically. In the cell pairing design, cell pairs are isolated with a PDMS wall. The wall thickness determines the final printed gap size. To maintain the strength of the PDMS wall, the wall must be at 5 μm thick. For the regularly spaced arrays, sufficient space needs to be reserved between two adjacent hooks to allow cells to flow inside the hooks, which results in a resolution limit of around 30 μm . Because we measured cell spacing by

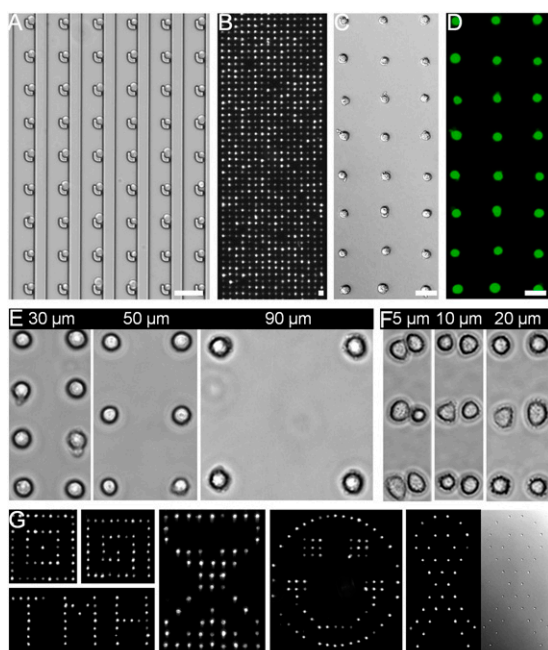


Fig. 2. Various cell arrays generated by BloC-Printing. (A) A bright-field image displays single-cell trapping efficiency in a 6×9 cell array. (B) Phase-contrast image of a printed 16×44 cell array. Bright field (C) and corresponding fluorescence image (D) of a 3×8 cell array. The cell microarray was stained with calcein AM (green) to show live cells and EthD-1 (red) to show dead cells (no dead cells appear in this array) immediately after BloC-Printing, to evaluate cell viability during the procedure. (E) Phase-contrast images of single-cell arrays with intercellular spacing of 30, 50, and 90 μm from left to right. (F) Phase-contrast images of cell pairs with intercellular spacing of 5, 10, and 20 μm from left to right, respectively. (G) Phase-contrast images of various single-cell arrays including a concentric square, a spiral square, capital letters “TMH” (abbreviation for “The Methodist Hospital”), an hourglass, a smiley face, and a ribbon (a bright-field image is also shown for the ribbon). SK-BR-3 cells were used in all images. (Scale bars: 50 μm .)

edge-to-edge distance according to standards in the literature (15, 20) rather than center-to-center, the cell spreading will decrease the final average spacing. Although we predesigned the cell array as 30, 50, and 90 μm edge-to-edge spacings (*SI Appendix, Fig. S9*) with an estimated cell size at 12 μm , the experimental results showed slightly larger cell spreading than the estimation and exhibited 27.1, 47.9, and 89.9 μm measured ones (*SI Appendix, Fig. S10*). Herein cells spread more for high-density arrays. Such a variation is most likely because high cell density promotes cell spreading, in light of the high growth factor concentration generated from neighbor cells.

Multiplexed Single-Cell Arrays by BloC-Printing. The BloC-Printing approach allows for printing of multiple cell types in both the vertical and horizontal direction. A parallel arrangement of cell flow channels allowed for multiple cell types to be simultaneously anchored to the BloC-Printing device (Fig. 3A–C). All cells flow in the same direction, and each channel only allows one type of cell to flow through. In a proof-of-concept experiment, SK-BR-3 cells, labeled with red, green, and blue CellTracker fluorescent dye, were applied to three parallel channels and imaged with a multichannel fluorescence microscope (Fig. 3B). The same approach can also be applied to different cell types by slightly adjusting the trap size (*SI Appendix, Fig. S15*). When MDA-MB-231/GFP, MDA-MB-436/red fluorescent protein (RFP), and MCF-7/GFP cells were simultaneously flowed through the BloC-Printing device and transferred to a Petri dish, an array of the three types of cells was obtained and validated in bright-field

and fluorescence images (Fig. 3C). Using this method, the total time for cell printing was about 0.5 h.

As an alternative, arrays of two types of cells could also be printed by placing sets of two long-tail traps facing opposite directions and with each trap aligned in the direction of flow of one cell type but not the other (Fig. 3D and E, *SI Appendix, Fig. S16A*, and *Movies S3* and *S4*). In this experiment, two strategies were used to avoid washing cells away. First, cell adhesion was ensured for the first set of cells by observing the cell spreading, which could be established in less than 1 h. The spread cells would encounter lower shear force from fluid and have stronger adherence to the substrate. Second, a reduced flow rate was used when loading the second set of cells. As a result, more than 80% of the first set of cells was retained. This technique allowed for sophisticated two-cell patterns to be made, such as a dual-cell ribbon (Fig. 3F and *SI Appendix, Fig. S16B*) and a heterotypic cell-pair array (Fig. 3G and *SI Appendix, Fig. S16C*). Using this method, the total time for cell printing was about 1.5 h.

Protrusion-Connected Single-Cell Arrays. BloC-Printing can also be used to efficiently construct protrusion-connected single-cell arrays. When cells were trapped and allowed to spread for more than 2 h, they would typically generate two protrusions along the wall of the flow channel in both forward and backward directions (Fig. 4A). Cell spreading in random directions was rare in the BloC-Printing device (Fig. 4B). Such protrusion-connected single-cell arrays were successfully obtained with fibroblasts [National Institutes of Health (NIH 3T3)] and cancer cells (HeLa) on PS substrates and PEN membranes (Fig. 4B and *SI Appendix, Fig. S17*).

Gap Junction Intercellular Communication in Cell Pairs with Controlled Morphology. To demonstrate the functionality and application of protrusion-connected single-cell arrays formed by BloC-Printing, we developed a challenging cell–cell communication model that had never been artificially created on a large scale. In this experiment, we formed heterotypic cell pairs with controlled morphology to study material transport through gap junction intercellular communication (GJIC) (30). Studying GJIC at the single-cell level

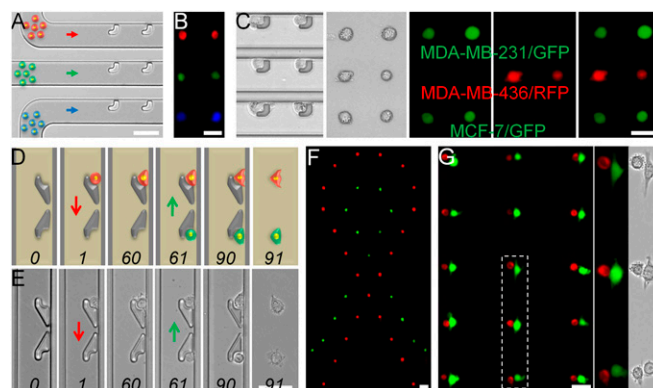


Fig. 3. Multiplexed cell arrays generated by BloC-Printing. (A) The BloC-Mold for patterning three types of cells. Red, green, and blue arrows represent the direction of flow of the three types of cells by dye color. (B) Patterning of a 3×2 single-cell microarray with red, green, and blue CellTracker-labeled SK-BR-3 cells. (C) Patterning of a 3×2 single-cell microarray with MDA-MB-231/GFP, MDA-MB-436/RFP, and MCF-7/GFP cells. Schematic (D) and corresponding micrographs (E) showing the whole process of patterning with two types of cells differentially labeled with green or red dyes. The numbers and arrows in D and E, respectively, represent time and direction of flow. Patterning of a ribbon (F) and cell pairing (G) with red and green CellTracker-labeled cells. The two right-hand panels in G are enlarged views of three cell pairs within the dotted box. (Scale bars: 50 μm .)

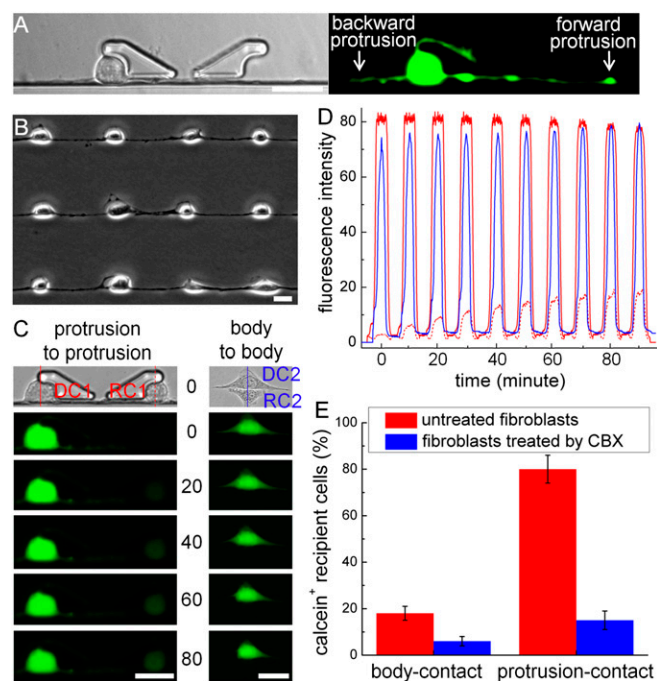


Fig. 4. Dye transfer via GJIC in cell pairs with controllable morphology. (A) A fibroblast generates forward and backward protrusions along the channel wall after 3 h of trapping. (B) Protrusion-connected NIH 3T3 fibroblast cell arrays, cultured in the BloC-Printing device for 3 h, followed by removal of the BloC-Mold. (C) Comparison of calcein transport between protrusion-to-protrusion (Left) and body-to-body (Right) cell pairs. (D) Fluorescence intensity tracking of the DCs and RCs in C for 90 min. Signal intensities are read from the lines shown in bright-field images in C (Top). (E) Statistical data demonstrates the dye transfer efficiency in untreated versus GJIC-inhibited cells. The efficiency is expressed as the ratio of RCs that successfully received dye to the total number of RCs, after 3 h of cell trapping. The error bars represent the standard deviations of three independent experiments. (Scale bars: 20 μ m.)

is significant and challenging and has traditionally been carried out using techniques such as microinjection (31), dual whole-cell patch clamp (32), gap-fluorescence recovery after photobleaching (33), and local activation of a molecular fluorescent probe (34). However, such studies are impeded by the uncontrollability of gap junction formation and conflicting aims of reducing invasiveness while maintaining high throughput. The BloC-Printing method provides both noninvasive and high-throughput formation of cell pairs for studying GJIC in the form of controllable cell-to-cell contacts.

NIH 3T3 fibroblasts were chosen for the initial GJIC study. Fibroblasts labeled with calcein AM [the donor cells (DCs)] were patterned from top to bottom, and nonlabeled cells [the recipient cells (RCs)] were patterned in the opposite direction (*SI Appendix, Fig. S18*). Thus, the DCs and RCs were brought together as close neighbors in the cell array. When the forward protrusion from a DC physically contacted the backward protrusion from a neighboring RC, dye (calcein) transfer, a popular method for evaluating GJIC, was monitored and observed (*SI Appendix, Fig. S19A*). The dye transfer rate was slow at the beginning due to the limited number of gap junctions (35). With the generation of more gap junctions as the experiment continued, the dye transfer rate increased significantly. After 3 h of dye transfer, a balance was reached between the DCs and the RCs (*SI Appendix, Fig. S19B*).

In addition to the forward protrusion, the backward protrusion, although shorter in length, could also transfer calcein efficiently (*SI Appendix, Fig. S19C*), indicating the potential to study GJIC in protrusion-connected single-cell arrays. Two different arrangements of cell pairing (protrusion-to-protrusion and body-to-body

contacts) were created between DCs and RCs, using the multiplexed BloC-Printing approach. Dye transfer experiments showed that cells engaged in GJIC more readily through protrusion contact than through body contact (Fig. 4 C–E). Dye transfer was inhibited by the GJIC blocker carbenoxolone, indicating that transfer of dye was indeed occurring through connected protrusions (Fig. 4E and *SI Appendix, Fig. S20*). This discovery will be useful for future study of cell morphology- and protrusion-related GJIC (36).

Characterization of Cells' Capability to Extend the Membrane. The ability of cells to generate membrane protrusions plays an important role in numerous biological activities, particularly in cell migration and invasion (37–40), which are mainly mediated by protrusions in the form of filopodia and lamellipodia (41). BloC-Printing provides a rapid and high-throughput method to characterize cell protrusions, including protrusion percentage and extension rate, and cell length, which are challenging to achieve using existing methods. A BloC-Mold containing a hook array with a longitudinal spacing of 200- μ m was specifically designed to observe the extension of cell length (*SI Appendix, Fig. S21A*). Individual cells with long, thin protrusions were clearly visualized after on-chip culture (Fig. 5A and *SI Appendix, Fig. S21B*). Measurement after 3 h of culture was found to best represent the results as (i) extension of cell protrusions had almost stopped and (ii) cells began to move away from the trap with longer time in culture (*SI Appendix, Fig. S21C*). In such experiments, BloC-Molds could also be removed leaving the cell protrusions printed in the Petri dishes, if needed (Fig. 5B). We used this method to characterize protrusions of six types of breast cancer cells, including MDA-MB-231, MDA-MB-436, SUM 159, SUM 149, SK-BR-3, and MCF-7 (Fig. 5C).

For all six cell lines, the percentage of cells that elongated, the average cell length, and the average cell-extension rate were calculated and plotted in Fig. 5 D–F and *SI Appendix, Fig. S22*. It is not surprising that the percentages of cells that elongated (Fig. 5D) for the six cell lines correlate with their reported tumorigenicity (42), with invasiveness increasing from MCF-7 to SK-BR-3, SUM149, SUM159, MDA-MB-436, and MDA-MB-231. The same trend applied to the average cell length (Fig. 5E) and extension rate (Fig. 5F), when the averages were calculated for both elongated and nonelongated cells. In general, compared with luminal-like cancer cells, basal-like cancer cells, especially MDA-MB-231 and MDA-MB-436, had greater membrane elongation abilities, indicating their stronger migratory abilities (41). There was a slight change in the trend when the averages were calculated for only elongated cells, with MDA-MB-436 having the longest average length of protrusion (*SI Appendix, Fig. S22*); this seems reasonable, as cells are quite heterogeneous, and quantitation of cell invasiveness still remains a challenge given the complexity of the live-cell system.

BloC-Printing of Individual Primary Cortical Neurons. In addition to efficient printing of cancer and fibroblast cell lines, BloC-Printing can also be used for controllable printing of individual primary neurons. Positioning and addressing individual neurons are desirable for neuronal imaging and studies of signal transduction. Current methods are often limited by the difficulty of long term in vitro culture of individual neurons or the requirement of coculture with glial cells (43). Microfluidic devices have been described for culture of individual neurons for up to 11 d in vitro (DIV), without the use of any coculture or feeder layers (44). Such devices are still difficult to adapt to cell culture Petri dishes or substrates for measurement of neuronal activity because the neurons are retained in the PDMS device, and the PDMS material also requires complicated treatment. Herein, BloC-Printing was introduced to overcome such limitations. First, by heating the BloC-Mold at 110 $^{\circ}$ C for 60 min and then exposing it to UV light

CellTracker Blue CMAC (Life Technologies Corp.), following the manufacturer's instructions. In the dye transfer study (Fig. 4), fibroblasts were stained with 4 μ M calcein AM for 15 min at 37 $^{\circ}$ C.

Preparation, Printing, and Culture of Primary Rat Cortical Neurons. Animal tissues were obtained following the protocol approved by Houston Methodist Hospital Institutional Animal Care and Use Committee. Embryonic day 18 (E18) cortical rat neurons were prepared following established procedures (48). Briefly, cortical neurons were dissected from E18 Sprague–Dawley rats, and dissociated with trypsin to single cells. The dissociated cells were cultured within 4 h after dissection, and cell viability was determined to be greater than 95%. Cells were cultured in a medium consisting of neural basal media, B-27 supplement, and Glutamax (Life Technologies). To sterilize and reduce amounts of the un-cross-linked oligomer, which adversely affects neuron viability, before use, the BloC-Molds were heated at 110 $^{\circ}$ C for 60 min and then exposed to UV light (UV output: 13.9 W) overnight. The PS culture dish was first coated with 100 μ g/mL poly-D-lysine (Sigma) for 1 h. The poly-D-lysine solution was then aspirated, and the dish was rinsed once with double-distilled water. When the culture dish was dry, a degassed BloC-Mold was laid on the dish surface to form sealed channels. Cell-free medium was loaded into channels before cell loading. After individual neurons were trapped by the hooks, the medium was refreshed every 12 h.

BloC-Printing Cell Pairs for the Formation of Protrusions. Cell pairs with a protrusion-to-protrusion morphology were obtained using the strategy of

sequential cell anchoring. Cells without fluorescent labels (RCs) were first loaded and anchored. After adhesion of the RCs to the substrate, cells labeled with calcein (DCs) were loaded and anchored. After culture, both classes of cells generated protrusions along the wall of the channel that contacted each other. Cell pairs showing body-to-body contact were obtained by simultaneously loading RCs and DCs and anchoring them in trap pairs with 5 μ m of spacing between traps. After cells had adhered for 2 h, they were polarized in the same direction. The BloC-Mold was then removed to allow anchored cells to spread and contact each other in a body-to-body arrangement.

Image Acquisition and Analysis. Bright-field, phase-contrast, and fluorescence images were obtained with an AMG EVOS fl digital inverted fluorescence microscope, an Olympus IX81 inverted fluorescence microscope, and a Leica gated stimulated emission depletion super resolution microscope. Movies were filmed on the Olympus IX81 microscope.

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